

Chapter 7 speaks to the sin nature or the fallen nature that all have inherited from Adam. All struggle with this including Christians until “the truth shall set you free”

### HOW IS FREEDOM OBTAINED?

True Story: a man read the following verses and chopped off his hand thinking he was doing God’s will to be free from sin. Was he? Was he free?

1. Matthew 5:27-30; Mark 9:42-48 there is a greater emphasis on the fear of hell.
2. The sin nature will not go away but neither will the Holy Spirit
3. I have said many times here that what comes into your mind is not you but the enemy of our souls stirring up the sin nature to distract us and cause us to fixate on something other than Gods plan for our lives.
4. No condemnation to those who are in Christ Jesus, who walk according to the Spirit
5. A verse to memorize v.2 “For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.”

### THE WEAKNESS OF THE FLESH VS.3-8

1. The law could not heal us body, soul or spirit because of the sinfulness of the flesh. I feel bad for Adam as he lived long enough to see the results of his decision, v. 2
2. The law has requirements, [righteousness] that has to be fulfilled,3
3. V. 3, 4 how was sin condemned in the flesh?
4. Definition: Carnally pertaining to flesh, by extension bodily, temporal, or by implication, animal, unregenerate: fleshly, carnal
5. Setting our minds, v. 5
6. Carnal mind is death and an enemy of God, and cannot please God, vs. 7, 8.

### THE JOY OF LIVING IN THE SPIRIT VS. 9-14

1. “Christ in you” vs. 9, 10
2. The Spirit of Power dwells in us; life is given to our mortal bodies, v. 11
3. By the Spirit we put to death the deeds of the body, v. 13
4. Debtors not to the flesh and not living in fear, vs. 12, 15

### THE JOY OF ADOPTION, VS. 15-17

1. Adopted with a new Father, v. 15
2. Holy Spirit is the witness, v.16
3. Heirs with Christ with a massive inheritance