

Chapter 9 of Proverbs says, "Wisdom has built her house, She has hewn out her seven pillars;" When reading through the Proverbs you can not help but notice how often health is addressed. We all know without good health we become very limited in what we can do. It can take us into poverty and ruin many opportunities to be a witness. Today I have broken health and healing down into three categories, Hope, Spoken Words, and Wrong and Right Thinking.

THE HEALTH AND HEALING OF HOPE

1. Pr. 13:12 "Hope deferred makes the heart sick, but when the desire comes, it is a tree of life."
2. Pr. 13:19a "A desire accomplished is sweet to the soul,"
3. Pr. 15:13 "A merry heart makes a cheerful countenance, but by sorrow of the heart the spirit is broken."
4. Pr. 15:15 "All the days of the afflicted are evil, but he who is of a merry heart has a continual feast."
5. Pr. 17:22 "A merry heart does good, like medicine, but a broken spirit dries the bones."
6. Pr. 18:14 "The spirit of a man will sustain him in sickness, but who can bear a broken spirit?"
7. Pr. 24:16 "For a righteous man may fall seven times and rise again, but the wicked shall fall by calamity."
8. Pr. 14:12-14 "There is a way that seems right to a man, but its end is the way of death. Even in laughter the heart may sorrow, and the end of mirth may be grief. The backslider in heart will be filled with his own ways, but a good man will be satisfied from above."
9. Pr. 10:12 "Hatred stirs up strife, but love covers all sins."
10. Pr. 3:1-8 Things to not forget, things to do, then v.8 "It will be health to your flesh, and strength to your bones."

WISDOM OF WORDS SPOKEN

1. Pr. 12:25 "Anxiety in the heart of man causes depression, but a good word makes it glad."
2. Pr. 15:23 "A man has joy by the answer of his mouth, and a word spoken in due season, how good it is!"
3. Pr. 15:30 "The light of the eyes rejoices the heart, and a good report makes the bones healthy."
4. Pr. 16:24 "Pleasant words are like a honeycomb, sweetness to the soul and health to the bones."
5. Pr. 18:21 "Death and life are in the power of the tongue, and those who love it will eat its fruit."
6. Pr. 22:10 "Cast out the scoffer, and contention will leave; yes, strife and reproach will cease."
7. Pr. 22:24 "Make no friendship with an angry man, and with a furious man do not go, v. 25 lest you learn his ways and set a snare for your soul."
8. Pr. 24:25-26 "But those who rebuke the wicked will have delight, and a good blessing will come upon them," "He who gives a right answer kisses the lips."
9. Pr. 25:20 "Like one who takes away a garment in cold weather, and like vinegar on soda, is one who sings songs to a heavy heart."
10. Pr. 13:17 "A wicked messenger falls into trouble, but a faithful ambassador brings health."
11. Pr. 12:18 "There is one who speaks like the piercings of a sword, but the tongue of the wise promotes health."
12. Pr. 4:20-23 read

WISDOM OF RIGHT VS. WRONG THINKING

1. Pr. 14:30 "A sound heart is life to the body, but envy is rottenness to the bones."
2. Pr. 16:17 "The highway of the upright is to depart from evil; he who keeps his way preserves his soul."
3. Pr. 21:2 "Every way of a man is right in his own eyes, but the LORD weighs the hearts."
4. Pr. 22:8 "He who sows iniquity will reap sorrow, and the rod of his anger will fail." See v.4
5. Pr. 9:10-11
6. Pr. 19:23 "The fear of the LORD leads to life, and he who has it will abide in satisfaction; he will not be visited with evil."

LAST WORDS: Pr. 20:27 "The spirit of a man is the lamp of the LORD, searching all the inner depths of his heart." 1 Corinthians 2:10-11 "But God has revealed them to us [things prepared for us] through His Spirit. For the Spirit searches all things, yes the deep things of God." "For what man knows the things of a man except the spirit of the man which is in him? Even so no one knows the things of God except the Spirit of God."